



Healthy Dearborn

October 18, 2016

Minutes

Meeting attendees: Sanae Abbas, Zahra Abbas, Doua Alhilal, Ali Almaklani , Mariam Alshdar, Maha Alwah, Lila Amen, Debby Arko, Mary Baker, Maryanne Bartles, Toni Battle, Tracy Besek, Sophie Blaharski, Rachelle Bonelli, Danene Charles, Sarah Cheaito, Paul Draus, Rasha Eshaq, Tim Harrison, Yaseen Kadouh, Craig Kotajarvi, Andrea Lockhart, Erica Lyght, Danielle Mallad, Nadia Mansour, Cynthia Mason, Adrianna Mauricio, David Mustonen, Kathryn Orzell, Mary Petlichkoff, Jacqui Powell, Carmel Price, Betty Priskorn, Glenn Savarese, Dominique Schroeder, Jennifer Schweizer, Lois Sczomak, Gadah Sharif, Caroline Schairer, Jim Thorpe, Marjorie Totten, Shannon Vartanian, Sharon Williamson, Lacea Zavala

1. Introductions were made.
2. The agenda was reviewed. The meeting consisted of action team breakouts to identify and discuss specific student assignments. Following break-outs, each team was expected to report on the student tasks. Even though it was Fall Break, some of the students were on hand to meet with each action team.
3. Professor Paul Draus explained that students have been assigned to each action team. It was also explained that students will present their project findings and recommendations during the week of December 11th, either on December 12 or 15th. The Healthy Dearborn coalition meeting in December will be held on the day of these student presentations. Time, date and location will be determined.
4. Each Action Team broke out into separate conference rooms to work with students to identify specific tasks.
5. Action Team members and students reconvened in the large room to present brief descriptions of the student projects/assignments. These are:

Healthy Schools

Students will assess current healthy nutrition and physical activity programs in elementary schools, comparing and contrasting among 21 elementary schools. They will determine the extent of outside resources that are incorporated into the school day.

Healthy at Work

Students and team members worked on a draft of a survey that will be distributed to Dearborn Chamber and Arab Chamber of Commerce members. The survey is directed to employers. The team will continue to work with students to refine and complete the survey tool by November. The survey will be distributed to employers after the first of next year. After the survey, a toolkit will be developed. Paul Draus suggested that a pilot test of the survey be done before student end their project/semester, for example distributing the survey to businesses represented in the action team.

Healthy Foods

Students will research grocery stores and other healthy produce venues, evaluating availability of healthy foods as well as pricing/affordability. The information will be mapped using GIS software; the GIS department at University of Michigan-Dearborn will provide iPads for students to use for their assessments. Students will create a methodological tool that can then be used in other areas. Betty Priskorn suggested that the next step could be to develop criteria for “healthy” and recognize healthy stores with Healthy Dearborn decals.

Healthy at Play

Students will work on three goals: 1) assess physical activity programs in the parks; 2) assess social and emotional programs available in city, and; 3) identify promotional channels and gaps. It was suggested by coalition members that this communications assessment can lead to a communications template to be used by all teams.

Healthy Transportation

Student interns will conduct bicycling and walking audits of the Northwest quadrant of the city to evaluate the existing city non-motorized transportation plan draft routes, identify new issues and make recommendations.

Next Steps: Professor Draus will meet with all students this week to further discuss these projects. He will send Sara the list of all students and their contact information so that action teams can communicate directly with students.

Announcements:

- This Saturday, October 22, Y.A.B.A.'s 47th Annual Dinner and Scholarship Presentation will be held at 6:00 p.m. at the Bint Jeball Cultural Center in Dearborn. Food will be delicious! For more information, contact: yaba2121@hotmail.com
- On October 30th, S.O.D.A. neighborhood organization will hold its Halloween festival for the community at Penn-Vassar Park. Vendor tables are free, if you are interested in hosting a table. Tim Harrison will send a flyer for this event to Sara to send to the entire coalition.
- On Wednesday, November 16th, University of Michigan-Dearborn will hold its 2016 “GIS Day”. This event will be held in Kochoff Hall, University Center, from 8:30 a.m. – 4:00 p.m. Presentations will be made illustrating how Geographic Information

Systems benefit everyone in the community. For more information contact Claudia Walters, Ph.D., at ckwalter@umich.edu.

The meeting was adjourned at 10:00 a.m.

Future Meeting Dates:

- Tuesday, November 15th, 15500 Lundy Parkway, **Mackinaw Room**, Dearborn, 48126
- December Meeting – Date, Place & Time to be determined

***Healthy Dearborn** is a community united to promote a healthier tomorrow!*

Our Vision: Dearborn, a thriving, diverse community, will fully embrace a unified culture of health where everyone enjoys whole health (mind, body, spirit), with equal access to healthy foods, health care, green space and opportunities for safe, active living.

Our Mission: We will create valuable opportunities for people in Dearborn to practice healthy lifestyles by enriching their minds, nurturing their bodies, and revitalizing their spirit.