



## Healthy Dearborn

November 15th, 2016

### Minutes

**Meeting attendees:** Fatma Achkar, Hanadi Achkar, Doua Alhilal, Ali Almaklani , Fatima Alsaffar, Mariam Alshdar, Maha Alwah, Lila Amen, Debby Arko, Mary Baker, Maryanne Bartles, Toni Battle, Tracy Besek, Sophie Blaharski, Ahlam Bokari, Rachelle Bonelli, Bethany Burge, Chris Burkhalter, Pattie Burns, Danene Charles, Sarah Cheaito, Aaron Danisdis, Paul Draus, Ali El-Saghir, Rasha Eshaq, Meg Feistel, Brian Goocher, Mona Hijaa, Ariel Hill, Rana Ismail, F. Jiya, Andrew Kercher, Craig Kotajarvi, Erica Lyght, Danielle Mallad, Nadia Mansour, Cynthia Mason, Adrianna Mauricio, Chris Mayer, DeJuan McTaw, Dena Nareddine, David Norwood, Kathryn Orzell, Mary Petlichkoff, Julia Potas, Carmel Price, Sukinah Saad, Glenn Savarese, Carla Schneider, Dominique Schroeder, Jennifer Schweizer, Lois Sczomak, Micka Sestito, Gadah Sharif, Sharon Stanek, Stephanie Stull, Marjorie Totten, Shannon Vartanian, Sharon Williamson, Lacea Zavala

1. Introductions were made.
2. The agenda was reviewed. Results from the online survey that was conducted among Healthy Dearborn coalition members were distributed. A link to the online survey results will be emailed to each member. Coalition members will discuss the survey results in more detail at the January Healthy Dearborn coalition meeting.
3. It was noted that the next Healthy Dearborn meeting is scheduled for Thursday, December 15<sup>th</sup>. This will be a “special meeting” when students will present their Healthy Dearborn projects. Coalition members are invited to attend. Professor Paul Draus, who will be leading the class/meeting that day, has arranged for a videographer. Hopefully, the video of the presentations will be available to email to all coalition members. This meeting will be held from 8:00 a.m. – 11:00 a.m. at the University of Michigan-Dearborn Environmental Interpretive Center. More information on this meeting will be emailed to all coalition members.
4. Each Action Team broke out into separate conference rooms to work with students to discuss their ongoing projects.
5. Action Team members and students reconvened in the large room for public announcements:

- This Thursday, November 17<sup>th</sup>, the ribbon cutting ceremony for the Rouge Gateway Trail Extension will take place at 2 p.m. Refreshments will be served afterward at the Dearborn Historical Museum. The address for the museum is: 915 S. Brady, Dearborn, 48124
- A “Bridging the Gap & Ending the Stigma” educational seminar will be held on December 9, 2016, at the Islamic Institute of Knowledge from 6 p.m. – 9 p.m.
- ACCESS is holding a community forum on substance abuse at its 6450 Maple Street location. A flyer will be distributed to Healthy Dearborn coalition members.
- A community meeting to discuss substance abuse, with a focus on heroin, will be held at HYPE Athletics in Dearborn Heights

### **Healthy Schools**

Students will assess current healthy nutrition and physical activity programs in elementary schools, comparing and contrasting among 21 elementary schools. They will determine the extent of outside resources that are incorporated into the school day.

### **Healthy at Work**

Students and team members worked on a draft of a survey that will be distributed to Dearborn Chamber and Arab Chamber of Commerce members. The survey is directed to employers. The team will continue to work with students to refine and complete the survey tool by November. The survey will be distributed to employers after the first of next year. After the survey, a toolkit will be developed. Paul Draus suggested that a pilot test of the survey be done before student end their project/semester, for example distributing the survey to businesses represented in the action team.

### **Healthy Foods**

Students will research grocery stores and other healthy produce venues, evaluating availability of healthy foods as well as pricing/affordability. The information will be mapped using GIS software; the GIS department at University of Michigan-Dearborn will provide iPads for students to use for their assessments. Students will create a methodological tool that can then be used in other areas. Betty Priskorn suggested that the next step could be to develop criteria for “healthy” and recognize healthy stores with Healthy Dearborn decals.

### **Healthy at Play**

Students will work on three goals: 1) assess physical activity programs in the parks; 2) assess social and emotional programs available in city, and; 3) identify promotional channels and gaps. It was suggested by coalition members that this communications assessment can lead to a communications template to be used by all teams.

### **Healthy Transportation**

Student interns will conduct bicycling and walking audits of the Northwest quadrant of

the city to evaluate the existing city non-motorized transportation plan draft routes, identify new issues and make recommendations.

**Next Steps:** Professor Draus will meet with all students this week to further discuss these projects. He will send Sara the list of all students and their contact information so that action teams can communicate directly with students.

**Announcements:**

- This Saturday, October 22, Y.A.B.A.'s 47<sup>th</sup> Annual Dinner and Scholarship Presentation will be held at 6:00 p.m. at the Bint Jeball Cultural Center in Dearborn. Food will be delicious! For more information, contact: [yaba2121@hotmail.com](mailto:yaba2121@hotmail.com)
- On October 30<sup>th</sup>, S.O.D.A. neighborhood organization will hold its Halloween festival for the community at Penn-Vassar Park. Vendor tables are free, if you are interested in hosting a table. Tim Harrison will send a flyer for this event to Sara to send to the entire coalition.
- On Wednesday, November 16<sup>th</sup>, University of Michigan-Dearborn will hold its 2016 "GIS Day". This event will be held in Kochoff Hall, University Center, from 8:30 a.m. – 4:00 p.m. Presentations will be made illustrating how Geographic Information Systems benefit everyone in the community. For more information contact Claudia Walters, Ph.D., at [ckwalter@umich.edu](mailto:ckwalter@umich.edu).

The meeting was adjourned at 10:00 a.m.

**Future Meeting Dates:**

- Tuesday, November 15<sup>th</sup>, 15500 Lundy Parkway, **Mackinaw Room**, Dearborn, 48126
- December Meeting – Date, Place & Time to be determined

***Healthy Dearborn is a community united to promote a healthier tomorrow!***

***Our Vision: Dearborn, a thriving, diverse community, will fully embrace a unified culture of health where everyone enjoys whole health (mind, body, spirit), with equal access to healthy foods, health care, green space and opportunities for safe, active living.***

***Our Mission: We will create valuable opportunities for people in Dearborn to practice healthy lifestyles by enriching their minds, nurturing their bodies, and revitalizing their spirit.***

